

24 Carrots

• Natural Cafe & Juice Bar •

Botanically inspired cuisine to nourish mind, body & community
Tues-Fri, 9-8pm | Sat 9-9pm | Sun 9-2pm

Starters

GF Yummus Hummus

Lemon garlic spiced with herbs hummus, seasonal veggies, organic tortilla chips 7

GF Jalapeno Poppers

Sweet bell peppers, spicy almond cheese 7

GF Topopo Nachos

Organic tortilla chips, chili, vegan cashew nacho cheese, hot sauce, cilantro jalapeno sauce, layered veggies, aioli, over greens 12

GF Power Greens Artichoke Dip

Creamy cashew & coconut alfredo, green chilie, cranberries, power greens, seasonal veggies & tortilla chips 11.5

Salads & Soups

Wrap up any salad, choice of side +4

GF RAW Tree of Life Salad

Sunflower Pate, greens, peppers, onion, carrot, red cabbage, avocado, tomato, cucumber, beetroot, lime tahini dressing, mulberries, almonds & sunflower and hemp seed 14

GF Market Salad

Local harvests & global flavors. Check our black board for this weeks inspiration MKT

GF Zucchini Noodle Salad

Zucchini noodles, field greens, seasonal veggies, seed medley, lemon tahini or balsamic dressing 10.95
Grilled Chik-un +4 RAW Fiesta Walnuts +3

GF Lil' Green Salad

Greens, cabbage, carrot, tomato, beet root & cucumber choice of dressing 7
Grilled Chick-un +4 RAW Fiesta Walnuts +3

GF RAW Carrot & Avocado Soup

Made to order blend of carrots, avocado, & spices cup 6 bowl 8

GF Warm Harvest Soup

Locally inspired, listed weekly on black board cup 6 bowl 8

RAW Abundance

Energetic, living, nutrition packed entrees, not heated over 115 degrees!

GF Bountiful Collard Wrap

Field Greens, layered veggies, almond cheese, agave mustard, avocado choice of side 12

GF Nori Rolls

Cauliflower "rice", almond cheese, peppers, onions, carrot, cabbage, beets, avocado, ginger shoyu dip, garden salad, hemp & sesame 11

GF Tacos Supreme

veggie taco shells, fiesta walnut meat, cashew cream, avocado, tomato, seasonal veggies, choice of side 14

GF Pasta Marinara

Zoodles, sundried tomato marinara, rainbow of veggies, cashew cream, over greens 10.25

Sandwiches & Wraps

served with organic chips & salsa, carrots & hummus, or garden salad.

Gluten free upon request, +2.5

Bountiful Burger Basket

handmade burger, house baked bread, & freshest toppings, featured on our farm fresh black board 12

Harvest Quesadilla

Weekly harvest-inspired offering on our farm-fresh black board 11

Market Sandwich/ Wrap

In-season plant-strong wraps or sandwiches on our farm fresh black board MKT

Grilled Southwest Wrap

Black bean chili, rice, onion, cabbage, carrot, cilantro dressing, sun-dried tomato tortilla 11.5
Avo +2

Smokey BLT Club Sandwich

Ancient grain, sprouted bread, house vegan bacon, avocado, onion, greens, tomato & garlic aioli 10.95
double bacun +3.5

BeetBall Marinara Sandwich

veggie-sunflower seed meatballs, greens, sundried tomato marinara, cashew cream, spaghetti squash, ciabatta 10.95

Portabello Cheese Steak Sandwich

Beet marinated mushroom cap, peppers and onions, Philly sauce & vegan cheese, ciabatta bun 10.5

Buffalo Cauliflower Wrap

Crispy baked cauliflower, spicy buffalo sauce, celery, carrot, greens, aioli, & sundried tomato tortilla 11.45
Avo +2

Favorite Plates & Bowls

GF Sasha's Seasonal Tacos

Made with love, listed on our black board, and served with rice & black beans 11.25

Mac & Trees

Whole grain noodle, broccoli, veggie cashew cheese. Side salad. 11.5
GF +1

GF Carnival Enchiladas

Butternut squash, corn, carrot, vegan, beetroot sauce, walnut meat, cashew cream. Side salad, black beans 12.75

GF Dan Dan Noodle Bowl

Rice noodles, seasoned tofu, peanut, lime, carrot, cabbage, seasonal veg, spinach 11.75

GF Roasted Quinoa Veggie Bowl

Basil- roasted veg, quinoa, cranberry, sunflower seed, spinach, tahini

GF Laughing Buddha Bowl

Black Rice, raisins, cashews, citrus coconut curry, seasonal veg, spinach 11.75

GF - gluten free

24 Carrots utilizes an assortment of nuts, seeds, soy, gluten, & serves unpasteurized, whole fruit and vegetable juices. Portion of proceeds from every plate supports our #carrotcares campaign to enrich & elevate our community.

Thank you for for helping us help out!

Baby Carrot Noms

Choice of carrots & hummus, chips & salsa or fresh fruit. GF available, +2.5

Cucumber & Hummus sandwich 6

Cheese Quesadilla daiya cheese 6

Nut Butter & Jam or Banana Sandwich 6

Kids Pasta Marinara noodles or zoodles 6

Grilled Cheese daiya cheese 6

Mac & Cheese 6

Sides & Perks

Rice & Beans 5

Vegan Cheese 1 daiya, cashew, almond

Garlic Sautéed Greens 5

Extra Dressing .25

Sautéed Veggies 5

Extra Hummus or Salsa .25

Fruit Cup 4.5

Sprouted Bread 2

Bacun 3.5

Avocado 2

Organic Coffee & Tea

Local Espresso 3

Americano 3 | 4 | 5

French Press 3.5 | 4.5 | 5.5

Cappuccino 5

Latte 3.75 | 4.5 | 5

House organic syrups available +.35

Railway Kaapi 3.75 | 4.5 | 5

indian chicory & arabica latte, house mylk, slightly sweet, hand frothed

House Cold Brew 3 | 3.5 | 4

Carob Maca Latte 6

caffeine free, warming spices, house mylk, slightly sweet

Golden Mylk 6

ginger, turmeric, black pepper, cinnamon, maple, house mylk

Iced Cinna-Maple Matcha Tea 6

Masala Chai 4.5 | 5 | 6

whole spices, fresh ginger, house mylk

Wild Flower Chai 3.5 | 4.75 | 5.25

earl grey, orange, lavender, vanilla & cinnamon, house mylk

Loose Leaf Tea

Iced or Hot, brewed to order, ask for selection

Fresh Pressed Juice

6 | 7 | 8

Rise & Shine

orange carrot, apple

Cliffs of Dover

apple, strawberry, orange, banana

Blue Pom Bomb

blueberry, strawberry, apple, pomegranate

Carrots Over Easy

apple, carrot, pineapple, strawberry

Pineapple Express

pineapple, orange

Pomme Zinger

apple, ginger

Nimbu Paani

sweet & spicy lemon/limeade

Seasonal Lemon/LimeAde

Veggie Blend + 1

Field of Greens

apple, greens, lemon, parsley, celery, cucumber

Beet It

beet, carrot, cucumber, celery, ginger

Cucumber Cooler

cucumber, celery, apple, lime, parsley

El Vampiro

orange, apple, carrot, celery, beet, lime

Voodoo Child

apple, carrot, cucumber, celery, lime, beet, dragon sauce

All Natural Smoothies

Special 6 | 7 | 8

Berry Me Alive

seasonal berries, pineapple, orange, apple

Tropic Thunder

pineapple, orange, strawberry, banana, coconut

Peachy Keene

peach, mango, apple

Berry Up Beet

seasonal berries, beet, orange, lavender

Orange Dreamsicle

orange, strawberry, banana, vanilla, mylk

Good Juju

peanut, chocolate, cinnamon, banana, mylk, protein

Incredible Hulk

apple, greens, pineapple, peach, lime, basil

PB & B

Peanut, banana, mylk, protein

Extra Special 7 | 8 | 9

Green Peace

avocado, greens, apple, pineapple, mango, lime, coconut

Triple Threat Acai

acai, pomegranate, blueberry, strawberry, banana

Ultimate Recovery

peach, banana, blueberry, coconut water, protein

Super Special One Size

Coco Supremo

Tender coconut, coconut water, dates, banana 9.75

Nana Puddin' Pie

Banana, almond mylk, mejool dates, maca, maple, tahini 9.5

Our menu is 100% vegan, largely gluten free, & inspired by the very best local, seasonal, organic, & artisanal ingredients.

www.24Carrotsjuice.com

Follow us for recipes, plant-based inspiration, weekly specials & events!

Portion of proceeds from every plate supports our #carrotcares campaign to enrich & elevate our community. Thank you for helping us help out!

